Safety for “Low Risk” Jobs

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Objectives:

- Defining “low risk” and “high risk” jobs
- Safety at the UO: Making the case for safety
- Slip/trip/fall prevention
- Building a safety culture
- Working session: how do we increase awareness within our work areas?
- Wrap up
What’s a “Low Risk” Job?
What’s a “Low Risk” Job?

High Risk Jobs at UO
• Trades/maintenance
• Exterior/Grounds
• Custodial
• UOPD
• Dining Services
• Printing & Mailing Services
• Zero Waste
• Utilities & Energy
• Athletics
• Childcare

Lower Risk Jobs at UO
• Office settings
  • Multiple departments

• Academic settings
  • 9 Schools and Colleges
  • Classrooms
  • Offices

• Museums
• Studios
Safety at the UO

Why should we spend our safety resources on this?

When obviously, we should be spending them on this?
Making the Case for Safety

- Makes sense that more injuries occur to high risk jobs than low risk jobs...

- But, would you be surprised to find that higher percentage of low risk jobs result in medical treatment and lost time?
Safety for Low Risk Jobs

Safety Mindset

• “High” risk jobs have employees who think about safety EVERY day.
• Safety emphasis is typical for the high hazard industries.
• “Low” risk jobs are not NO risk jobs!
• But... those of us in the lower hazard jobs don’t necessarily think about safety every day!
Making the Case for Safety

Body Part Injured
Low Risk Jobs
2018-3/2019
Making the Case for Safety

Mechanism of Injury
Low Risk Jobs
2018-3/2019

- Slip/Trip/Fall
- Struck By
- Overexertion
- Strike Against
- Exposure
- Excessive Force
- Contact With
- Caught in or Between
- Vehicle
Slips, Trips and Falls – Oh My!

STFs have different causes
• Slips – loss of friction/traction between footwear and walking surface
• Trips – foot/leg comes into contact with an object causing loss of balance
• Falls – when the body is too far off its center of balance (slips & trips are often the catalyst)
Slip, Trip, Fall Hazards at UO
Slip, Trip, Fall Hazards at UO
STF Prevention!

If no hazard is present, why the slip/trip/fall?
• Eyes in the direction of travel
• Minimize rushing
• Phones in pockets
• Handrails, handrails, handrails!
STF Prevention!

Practice good housekeeping

Offices:
  • Storage
  • Extension cords
  • Open file cabinets

Hallways/shared spaces:
  • Minimize distractions at floor transitions
  • Walk-off mats
  • Clean up spills
STF Prevention!

Practice good habits
• Wear good footwear
• Minimize rushing
• Keep phones in pockets
• Eyes in the direction of travel
• Use handrails
Ladder Types

Ladder

Not a Ladder
Ladder Types

NOT LADDERS!
Injury Prevention

What do the following have in common?

• Mangoes
• Camera
• Cart
• Phone
• Briefcase
• Pot of pasta sauce
• Box
• Scissors
• Chair
• Aerial work platform
Take Action!!

"Did you get my email about the wet floor?"
Building a Safety Culture

What you can do:
• Talk about hazards
• Talk about injuries
• Walk the walk
• Set clear expectations
  • Policy/procedures
  • Reporting hazards/injuries
Reporting Hazards

• Imminent Danger:
  • Ok to intervene directly
  • Or call EHS, UOPD, 911 etc.

• All Other Hazards:
  • If qualified, correct hazard
  • If hazard is a “fix it” item, report to CPFM Work Control (6-2319)
  • All other hazards
    1. Report to Supervisor
    2. Use the “Report a Concern” online form for EHS assistance
Report A Concern
safety.uoregon.edu
Reporting Injuries and Near Miss Incidents

• Report all injuries
  • Regardless of severity
  • As soon as possible

• Report Near Miss (Close Call) Incidents

• Report to Supervisor
  • Use Workplace Injury Report
  • Send to workinjury@uoregon.edu
Building a Safety Culture

Internal support:
• Bring safety into regular communications
  • Staff meetings
  • Weekly emails
  • Newsletters
  • Safety committee
• Use EHS resources!
Building a Safety Culture

Safety Sheets!
safety.uoregon.edu
Safety Sheets!

• 1 page info sheet on safety topic

• Over 80 topics!
General Topics
Building a Safety Culture

EHS Support
• Training
• Hazard assessments
• Ergonomic assessments
• Workplace inspections
Working Session

1. Did I make a case for safety?
2. Biggest hazard in your work environment?
3. What can you do to increase safety awareness in your work area?
4. What can EHS do to help increase safety awareness?
Wrap Up!

What YOU can do to support safety in your work area:

For you:
- Phone in pocket
- Appropriate speed
- Handrails!

For your work area:
- Bring safety and injury prevention into your workplace
- Call EHS for support!
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QUESTIONS?

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