SLIPS, TRIPS, AND FALLS
are some of the leading causes of injury or death in the workplace. Usually these occur because of loss of traction or contact with a fixed or movable object along a walking or working surface. There are a variety of environmental and behavioral hazards that can set the stage for a slip, trip, or fall. A few common hazard examples include: spills, surfaces in disrepair, the wrong shoes, weather related conditions, and debris like leaves and seeds. Being aware of these and other possible hazards can help lower the potential for incidents to yourself and your coworkers.

EXAMPLE BEST PRACTICES:
- Wear appropriate shoes with traction
- Be aware of wet conditions
- Look up, face forward, and pay attention
- Do not text or read while walking
- Do not place cords or hoses in pathways
- Do not use pathways for storage
- Keep floors dry and free of spills
- Use wet floor signs, and consider absorbing floor mats or keeping paper towels in frequent wet floor areas like break rooms and water fountains
- Use handrails on stairs when going up and down
- When walking inside from outside, take the time to dry your shoes on the mats before proceeding
- Use fall protection, if required in the area

WHAT TO DO!
- Follow the example best practices above!
- Recognize hazards. Address them if your are qualified. If not, contact your supervisor or CPFM’s Work Control (541-346-2319).
- Bring questions and injuries to your supervisor!
- Direct additional questions to EHS.
- In an emergency, call 911 and UOPD (541-346-2919) for immediate assistance!