



## BEFORE

1. Identify the location of the nearest automated external defibrillator (AED) and first aid kit in your work areas. Use this map: [map.uoregon.edu/aeds](http://map.uoregon.edu/aeds) to locate AEDs in your work area.
2. Get training in cardiopulmonary resuscitation (CPR) and First Aid. Classes are offered at the Student Rec Center. Check their website at [rec.uoregon.edu](http://rec.uoregon.edu) for more information.

## DURING

1. Check surroundings for safety before aiding the victims.
  - Identify hazards that might put you at risk of injury. For example, blood, chemical spills, fires, unstable materials, vehicles, etc.
  - Protect yourself against identified hazards.
2. Call 911 and communicate the emergency.
  - Call 911 regardless of your relationship to the injured. They may be a co-worker, student, visitor, contractor, or total stranger.
  - It's ok to call 911 even if you aren't sure how badly a person is injured. When paramedics arrive, they will evaluate the person and will determine if additional care is needed.
3. Provide care according to your training and abilities.
  - Check for responsiveness of the injured person.
  - Check for a medical alert bracelet or tag that may identify a specific condition.
  - Always use personal protective equipment such as gloves and masks if you will contact blood or bodily fluids.
4. If others are available to assist you, ask them to locate the first aid kit, AED, or guide emergency responders to the victim's location.
5. Stay with the victim until relieved by emergency responders, or the scene becomes unsafe.

## AFTER

1. If there was any exposure to bodily fluids, contact Environmental Health & Safety immediately at 541-346-3192. Only trained individuals should clean up bodily fluids.
2. Report the incident to Risk Management immediately at 541-346-8316 or visit [safety.uoregon.edu](http://safety.uoregon.edu).
3. If an AED was used, contact the UO Fire Marshal's Office at 541-346-9295
4. Check in with employees who responded to the emergency to make sure they are doing ok. If needed, connect them with support resources to help them cope with any stress that arose with responding.



Call 911



Help others as you are able and trained.



Stay with the victim until relieved by emergency responders, or the scene becomes unsafe.

