

# **SEVERE WEATHER**

### **BEFORE**

Announcements about campus delays, cancellations, or closures will be made on the University of Oregon homepage, UO Alert, and on the UO Alerts blog at alerts.uoregon.edu.

- 1. Sign up for the UO Alert emergency notification system safety.uoregon.edu/uo-alerts
- 2. Be aware of developing weather risks by monitoring the National Weather Service, local news, or weather apps on your phone.
- 3. Have gear ready to adjust to changes in the weather. Consider keeping a dry set of clothing handy to change out of wet clothes.



#### Snow and Ice

- 1. Dress appropriately! Wear warm clothes and footwear that has better traction on the snow and ice. Cover extremities, especially in high winds, to lower the risk of frostbite.
- 2. Avoid areas with tall trees to safeguard against falling limbs.
- 3. Exercise extreme caution while driving. Leave more room between other vehicles and slow down before stops.
- 4. Be aware and stay clear of downed or sagging powerlines.

## Walking Tips for Snow and Ice – Walk Like a Duck

- 1. Bend slightly forward and walk with your center of gravity directly over your feet as much as possible.
- 2. Take short steps with your toes pointing slightly outward.
- 3. Never try to jump or take large steps over puddles or ice patches, as it could throw off your balance. Try instead to walk around them.
- 4. Keep your hands out of your pockets (wear gloves).
- 5. Use a backpack to avoid carrying anything in your hands.
- 6. If you fall, try to fall with sequential contacts and your thigh, hip, and shoulder (rolling into a fall). Bend your back and head forward to avoid hitting your head against the ground during a fall.

## **AFTER**

- 1. Notify the UOPD at 541-346-2919 for hazards that pose an imminent threat.
- 2. Notify CPFM at 541-346-2319 of any damage or other hazards that do not pose an imminent threat.



Sign up for UO Alert on Duck Web to receive updates via text message.



When outdoors, avoid hazardous areas such as tall trees, debris piles, or flooded areas.



Check alerts.uoregon.edu for campus information.



Emergency Management alerts.uoregon.edu 541-346-8070

Emergency Management Program uoem@uoregon.edu

Safety and Risk Services